IHSI

INTERNATIONAL HEALTH & SCIENCE INSTITUTE

We don't just teach you fitness.

We make sure you start earning.

Online Personal Trainer, Nutrition & Health Coach Courses · Lifetime-Valid Certificates · 0% EMI · 100% Job Placement Support

Our Courses

Diploma in Personal Training (DPT)

Anatomy, exercise science, program design, client coaching and selling PT — 14 units.

Fee: [ADD] · **Textbook: eBook ₹244 / Printed ₹631**

Diploma in Nutrition (DNC)

Metabolism, macros, Indian meal planning, weight management, sports nutrition — 20 chapters.

Fee: [ADD]

Master Course in Mental Health, Client Psychology & Clinical Coaching

Motivation, behaviour change, stress, communication and safe referral — 10 chapters + practicals.

Fee: [ADD]

Why IHSI

Join an Earning Community
Trainers and coaches focused on earning more.

Focused on Your Income
How to win clients, charge better and grow.

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3. Score **35 or more out of 100**
4. Receive your **lifetime-valid certificate within 7 days**

How You Learn

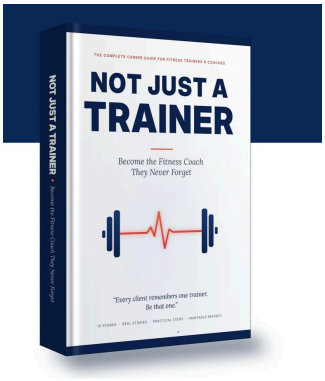
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Knowledge → Certified Trainer → Personal Trainer → Audience → Online Coach → Your Own Brand

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